517 taining to court cases, horse racing, radio, phonographs, newspapers, political meetings, and cinema shows (in Maiduguri). Some of these items, both traditional and acquired as a result of culture contact, re-
511 [554] quire expenditures. Thus praise-singing which validates status, or even creates it momentarily where it does not exist, may become almost a social narcotic when used by some highly motivated person who wishes to obtain higher status but cannot, and thus buys it in one or two min-
[833] ute lumps of time from the singers. Again sexual affairs (male speaking) for sheer pleasure can be a costly entertainment, especially if the
[524] man seeks variety. Other traditional items, such as gambling (now
(517) done with European playing cards), learning to read the Koran, trips to other localities, visiting markets with no practical purpose, may
[177] all lead easily to some expenditures. With growing culture contact and westernization we may expect that items such as radios, newspapers, and movies will begin entering family budgets, as they have already done for the urban population.

276 The major traditional stimulants in Bornu are kola-nuts,
(273) millet beer and tobacco flowers for women. Kola-nuts are chewed almost universally by both sexes, and form part of leisure time intercourse. It is customary to have nuts at weddings, naming ceremonies
276 and other ritual occasions, which are given out to guests. Generally
511 speaking, expenditures reported by men for kola-nuts were low in comparison to food and clothing. However, in several cases - the District Head, the head butcher, a kola-nut retailer, a city trader, an N.A. messenger, an ex-cattle trader now a farmer, and a hides and skins trader, the calculated annual expense approached or equalled clothing expendi-
[302] tures. Women colour their teeth with gworongo (Salonacea Incanum) and chew tobacco flowers and kola-nuts, but generally obtain the income for